



United States Army

World Class Athlete Program

An Army Morale, Welfare and Recreation Activity
U.S. Army Community and Family Support Center
 4700 King Street, Alexandria, VA 22302-4418



Army Athlete Profile: Specialist Quinton Milner



Track & Field
400 Hurdles

Date of birth:
December 20, 1974

Hometown:
Houston, Texas

Military Occupation:
**Automated Logistical
 Specialist**

Military Rank:
Specialist/E-4

Spc. Quinton Milner is a member of the World Class Athlete Program's Track & Field Team.

Spc. Milner became serious about track and field in college. A quarter-finalist in the 1998 USA Track and Field National Championships, he also competed in the 1999 National Championships and the 2000 Olympic Trials. In 2002 he placed third at the Texas Southern Relay, first at the Mt. SAC Relays, first (heat) at the New Westminster International, and third at the Harry Jerome Track Meet. As a part of a 4x400 team, he placed first at the 2003 Hilton Memorial Track Meet and the 2003 Niswonger Invitational, and second at the 2003 Houston Invitational and the 2003 Mountain T. Invitational. More recently, he placed first at the Drummond Invitational Track Meet, and third at the Mt. SAC Relays.

An Automated Logistical Specialist, Spc. Milner entered the Army on February 28, 2001. He completed basic training in August 2001 and advanced individual training at Ft. Jackson, S.C.

Spc. Milner joined the Army because "I wanted to serve my country. Being a member of the Army's World Class Athlete Program is important to me because I can represent the Army as an athlete."

Spc. Milner loves his particular sport because he enjoys running. He gets pumped up for competition by hearing the roar from large audiences. When Spc. Milner is not practicing or training he likes to play basketball or just relax.

He is a graduate of South Oak Cliff High School and Rice University, both in Houston, Tex.

Personal Bests: 400 – 46.00; 400 Hurdles – 49.49

For more information about the United States Army's World Class Athlete Program, contact the CFSC Public Affairs Office, paao@cfsc.army.mil, 703-681-1545/47/48 or visit www.armymwr.com.